

# Ixworth Court & Leaf Park

Specialist Dementia Care Homes



**Leaf**   
**CareGroup**



Visit our website to find out more [www.leafcareservices.co.uk](http://www.leafcareservices.co.uk)

Call 01359 231 188



# Life at Ixworth Court and Leaf Park

Specialist Dementia Care Homes in Ixworth, Suffolk and Yarmouth, Norfolk



Not only do our care homes provide a home for your loved ones, they also offer a community and a sense of belonging.

We support you in your journey and we are there to guide you every step of the way. We believe that those living with dementia should have the opportunity to do just that, live. We provide daily structure without compromising on freedom and offer stability within a safe and inviting environment.

We encourage residents to live a life that will closely mirror the one that they are used to, one that is as normal for them as possible, minimising confusion and helping them to maintain independence and self-being.

Our care homes enhance life quality by providing access to outdoor spaces. We support the benefits of regular exercise and exposure to daylight and fresh air, along with the enjoyment of nature, planted gardens, and the appreciation of seasons.

We offer the opportunity to take part in seasonal activities and encourage healthy living. Our open spaces enable residents to wander safely within secure walkways.

They can use the main high street to visit recognisable places such as the supermarket, or the café to meet with other residents in familiar surroundings with like-minded people.



# Environment & Facilities

Comfortable & Capable

Each house is built to the recommended high standards and is equipped with a separate kitchen for cooking, a dining room for eating, and a lounge area for relaxing. All residents have their own bedroom with access to a healthcare bed and an en-suite shower room.

This style of communal living aims to provide a sense of 'home from home' providing everyday household routines while living in familiar surroundings and having daily contact with small groups of people. This approach positively sets us apart from larger care homes and provides an environment that is proven to reduce symptoms sometimes associated with dementia, including confusion; fear; agitation; and regression.

The Specialist Dementia Care Homes have been purpose-built to represent typical life. They comprise a street that links the houses and:

- Grocery Store
- Internet Café/ Bar
- Hairdressing & Beauty Salon
- Restaurant
- Enclosed Gardens for Walking
- Outside Seating Areas



### Daily activities can include:

- Gardening & Spending Time in Nature
- Walking & Exercise
- Listening to Music or Watching Sport
- Arts & Crafts or Reading
- Food prep & Baking
- Pampering Sessions

Living environments are supported by professional carers who treat individual wellbeing and care as their priority, all within safe and protected surroundings.

At our care homes, you can expect a room with en-suite facilities, and a team dedicated to helping new residents settle. We encourage familiar items and personal belongings within bedrooms, to aid in this settling process.



## Safety and peace of mind - We provide:

- Purpose-built care home on one level that includes specialist equipment; wheelchair access; wide doors; ramps; and coded doors.
- Up-to-date nurse-call monitoring system with Fire Alarms in all rooms and emergency lighting
- Secure entrance and enclosed gardens
- CMS, which stores care records. There is a facility for the family to log on daily and view the given care, activities engaged in, and additional notes.
- Flexible visiting times. Doors close at 10.45 pm for the night team to care.
- Choice of mealtimes. Choice of daily activities.

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## Services included

- Own Room with in-house facilities
- Care-giving-home and Residential Support
- Social Coach to help with Individual Care Plans
- Specialist Care-plans which are accessible to families via secure computer systems (CMS)
- Food and Laundry
- Specialist Healthcare Bed
- Ordinary life therapy support
- Professional experts (visiting)

## Additional services

- Accompanied trips for appointments
- Hairdressers, Chiropractors, Therapists
- Additional activities such as the Gym; Yoga; Zumba; Shows, and Entertainment
- Private parties including hire of a Marquee
- Additional ironing and laundry services
- Daily delivered newspapers
- Items from the on-site shop



# Our Team

Proficient & Compassionate

We take great care when we recruit, ensuring our people are both experienced and kind-hearted. Our team provides professional care with a personal approach, and make certain that they are well adept at understanding the needs of those with dementia.

## ROOTS Training™

Our connected company 'Roots Training Services' (RTS) provide our teams with excellent quality training in adult care, ensuring that we are qualified in everything we do and that we deliver quality services that satisfy safety regulation.

Through RTS we actively develop our staff to ensure the best quality care to those dear to you. We are proud to have a wonderful reputation evidenced through Care Quality Commission Ratings (CQC) and testimonials from families.

### SPECIALIST DEMENTIA CARE TEAMS:

#### Care teams (Day & Night)

Our care teams are trained to offer Lifestyle Therapy Care.

#### Management Teams

Our management teams are trained in structuring care. The day and night teams deliver high-quality care and liaise with both the care team and family members.

#### Cooks, Cleaners & Lifestyle Supporters

This team supports ordinary daily life and can additionally, cater for special occasions.



# What's next?

Come for a visit!

We encourage visits from Families, Social Workers, and NHS Discharge Nurses. Give us a call today to arrange a visit to your preferred site: **01359 231 188**

We would welcome the opportunity to answer any questions that you have, and to arrange a suitable time for you to visit our Specialist Dementia Care Homes.

If you decide that community living at Ixworth Court or Leaf Park is the best place for your loved one, we can arrange a Lifestyle Assessment to ensure that we can best support their individual needs.

We can then work closely with the resident-to-be and their family to settle them into their new environment.

Get in touch to find out more. Visit our website to access additional information, from funding advice to CQC reports.

Call **0844 561 6711**

Email [hello@leafdementiavillages.co.uk](mailto:hello@leafdementiavillages.co.uk)

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# COVID-19

## Reassurance during this challenging time

Deciding to place your loved one into care is one of the hardest decisions you can make. A judgement that we understand has been made even harder by the pandemic.

**Care homes are a vital part of our health and social care system**, and we do all we can to care for some of the most vulnerable in society while keeping them safe and happy. Our priority is to ensure that each person gets the right care when they need it and in the most appropriate setting for their needs. With unparalleled knowledge, staff, and resources, Leaf Care Services are more than equipped to deliver care during this challenging time. We understand that you will have questions, and we are here to answer them for you.

Many residents of dementia care homes live with multiple health conditions, physical dependency, and frailty, placing them at a higher risk of complications should they contract the disease. At Leaf, we took significant and prompt measures to protect our care homes adequately. To date, they remain COVID-19-free. Here are just some of the steps that we have taken to ensure the safety of your loved ones, we:

- Ensure COVID-19 testing before transfers, admission into our care homes, or prior to discharges from the hospital.
- Provide our teams with an adequate and continued supply of PPE. \*PPE is worn by all staff whether in house or visiting and with no exceptions. All staff are trained on its purpose and correct use.
- Locked down our services from the 10th March, two weeks ahead of Government advice.
- Advocate full access to the NHS services to which our residents are entitled.
- Carry out regular COVID-19 testing of our care home workers and residents.
- Continuously assess and reevaluate of our ability to cope under extenuating circumstances, making necessary changes.
- Prepared inhouse Isolation units—to support infection prevention and control.
- Accommodated staff with live-in arrangements to limit their movement between care homes and to ensure adequate care to residents during these extraordinary circumstances.
- Operate in small units and with colour-coded grouping.
- Computerised our entire business operation to ensure healthcare-reporting and service standards were maintained.
- Elevated communication across our internal Teams, Families of Residents, External Professionals & Suppliers.
- Moved all our training online, minimising unnecessary face-to-face contact.